

Science and Truth: One doctor's journey back to the faith.

If you think that America is just fine, then simply toss this article. If, however, you are alarmed with our nation's moral and overall decline, then you may agree with Archbishop Charles Chaput: "The role of Catholics in America is *exactly the opposite* of what we've been doing for half a century or more—compromising too cheaply, assimilating, fitting in, fleeing from who we really are as believers; and in the process, being bleached out and digested by the culture we were sent to make holy."

I was a child of the 60's and played in rock n' roll bands. By my late 20's, I had gathered a number of outward signs of success, but was fundamentally at loose ends. By my 30th birthday my life was unraveling.

Pope John Paul II answered a hand written note from Iowa farmer and came to Des Moines on Oct 4, 1979. I had been to Mass one to two times in 12 years, but for some reason I watched him on a black and white 8" TV, and I knew that, in a world of phonies and frauds (that included me), JPII was the real deal, who stirred a deep change within me.

I still went through a rocky period that included a divorce, and other events of which I am not proud, but I was on my way home. I thought I was a pretty good Catholic after returning to the Church, but I was still doing a lot of bad things, including prescribing the Pill thousands of times. I didn't realize that I was giving vulnerable girls and young women an abortifacient drug, that would later be classified as a Class I carcinogen by the WHO. Moreover, my actions ultimately supported partial-birth abortion, and the increasingly militant gay agenda. I could plead that I wasn't told from the pulpit that prescribing the Pill was wrong, but I had trained under an OB-Gyn who told me it was wrong. I didn't listen to him. How young and foolish I was.

Twelve years ago, every time that I prescribed the Pill, I was sick for a week. Now, I believe that this war against abortion will never be won, until we send the Pill back to Hell.

The July 2012 *Columbia* magazine quotes Cardinal Timothy Dolan, "It is a question of evangelization. Do we Catholics *practice* the faith that we are working so hard to *defend*?" If you see ominous clouds forming over America, here is my prescription: 1) Frequent the Sacraments, especially Confession, 2) Prayer, including a weekly hour of Eucharistic Adoration and daily Rosary, 3) If you are ingesting/dispersing/prescribing, or approving contraception by your pulpit silence, or secret rape protocol, stop it, 4) Spiritual/inspirational reading, especially the Bible, 5) Lastly, some evils can only be defeated with fasting. *Blessed John Paul II, pray for us, and for our One Nation under God*

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The Institute Of Holy Spirit

Fall 2012

"The challenge facing you, dear friends is increasing people's awareness of religious freedom's importance to society. Defend that freedom against those who would take religion out of the public domain and establish secularism as America's official faith." *Blessed John Paul II, Baltimore,*

The words of Blessed John Paul II are prophetic, challenging and today a call for us, to act.

There have been many that have gone before us, who have defended the faith and fought for the rights and religious freedoms that we have. Until recently these may have just seemed like stories in the pages of history or saint's books. Current events such as the HHS Mandate have made us acutely aware that our religious rights are being threatened. In this "The Year of Faith", we are being called to exercise our faith with action.

We must first fall to our knees in prayer and join our prayers with our brothers and sisters here and with those saints that have gone before us. Call upon the Holy Spirit to increase your faith. Then, we must take action.

- Educate yourself about the faith and about current issues.
- Have a Bible and Catholic Catechism to read and reference.
- Use the web; some sites to start with are - www.usccb.com (Catholic Conference of US Bishops), www.vatican.va - (Vatican), www.ewtn.com (EWTN), www.fathersofmercy.com (Fathers of Mercy) and ours www.instituteoftheholyspirit.com.
- Email your Congress through www.usccb.org/conscience.
- Call the U.S. Capitol switch board at: 202-224-3121 or call your Members' local offices. Additional contact info can be found on Member's websites at: www.house.gov and www.senate.gov.
- Talk to all you come in contact with and share what you know. Share the true teaching of the Church on the sanctity of life from conception to natural death.
- Vote.

Strive for holiness and be a living witness. Miracles result when prayerful people take action. When it comes to our faith there are no compromises, it is black and white.

Joe & Laura Westbrook

Christianity is paved by the knees of the faithful, through the blood of the martyrs... Fr. Christopher Crotty

Please visit our website for all the latest schedule information for Father Crotty
www.instituteoftheholyspirit.com



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Mission Statement

The mission of the Institute of the Holy Spirit is to work for the Glory of God and support the Church, by building up the mystical body of Christ through education for salvation, and promulgating devotion to the Holy Spirit. In this endeavor, we strive to help all people grow in understanding of the Holy Spirit and His infinite mercy, consolation and healing.

Ex-Satanist speaks out.

I was a Satanist and occultist for 26+ years until ransomed from darkness by the Blessed Mother’s intercessions for me. During that time I helped lead hundreds, if not thousands away from God. All done because I had religious freedom.

I was free to worship whatever god I wanted to worship and protected by law in doing so. Heinous, vile and despicable as those are, they are still protected while The True Faith, The one True God and The Holy Catholic Church is in battle at the hands of our current president and his administration. I was lead to Jesus and the Holy Catholic Church by the Miraculous Medal. Mary Ann Wichman of the St. Raphael Healing Ministry boldly put a Miraculous Medal in my hand. The Blessed Mother then took me by the hand and led me to Her Son Jesus Christ.

In a wicked world gone crazy, a devoted Catholic saw one in darkness and pulled him to the Light. How would that have happened if there was no religious freedom? The point I’d like to make is that losing religious freedom and rights means we lose Christian rights.

While the current administration has targeted the Catholic Church; Satanists are still free to worship their dark lord and sacrifice the unborn to Satan.

This is the most abortion friendly president ever in the history of our country. How dare he, refer to himself as a Christian when he is obviously against us. Someone that ascribes to pro-sodomy behavior and murder of innocent babies (up to 9months full term) cannot in good faith claim to be Christian and worship God. *You cannot serve 2 masters.*

Having served Satan in my past and seeing how that side operates, how spells are done to keep things legal, people must realize abortions are committed every day in the name of Lucifer and dedicated to him every day whether they are committed in his name or not. The overabundance of evil and corruption is around us every day seeking to engulf and trap us. That dark goal is to overpower and bring us down. We need Christianity! We need Catholicism, the fullness of Christianity. We must have the Holy Catholic Church engaged to win this battle.

What does my faith mean to me? It means everything. If this president had been in office sooner perhaps I would have stayed in darkness longer. Like most events that happen in this world I believe this attack against religious freedom will take place progressively over time. This Administration has taken aim at the largest and most powerful Christian organization in the world: The Holy Catholic Church. I truly believe they think the church will go down easily, without much of a fight. Think about it folks, if we fall who would stand up against this tyranny of evil? The Protestants have only been around 350 years so make no mistake, they are next.

Do you think this President and the others will go after Satanists, occultists, New Agers and the like? Because they don’t worship the One True God, will they be left alone? I don’t have the answer. What I do know is that I’m Catholic. I belong to the one true faith. The one started by Jesus when he handed the keys to our first Pope, St. Peter. I owe everything I have, everything I am, especially my life and eternal salvation to Jesus Christ the only Begotten. I may fall but I will not back down or run away. If it’s a fight they want, then a fight they shall have. My faith and my being Catholic means everything to me.

Zachary King

We have received many donations for the Institute over the past few months, both monetary and items of value. On behalf of the Institute we thank you. May God bless you

For Our Children

A close friend of mine was discussing with me her family’s decision to put their children in public school this year after attending Catholic schools for many years. Her seven year old came to her and said, “Mom, I am afraid that I will offend God because I am not allowed to pray at lunch time.” The child’s concern was not that she would be made fun of making the sign of the cross; her fear was that she would get in trouble by her teachers for praying in a secular atmosphere. This shocked me, a seven year old with an understanding of society’s infringement on her basic religious rights, to simply thank the Lord in public for the gift of her daily meal. As a parent, I cannot be idle and not stand up for one of our most precious, God given and constitutionally protected rights, the right to practice one’s religion freely. Not just worship freely, but practice freely. A child who understands that it is acceptable to worship in one’s home or at one’s Church or Catholic school, but is hesitant to bring that practice outside of those safe areas out of fear, saddens me for our children. When I think of our forefathers who fought with their lives for those freedoms, it is unfathomable that we have let a secular culture make laws that would disregard their sacrifices and govern the Gospel values that the Lord has given all his children. Matthew 19:14 says, “Let the little children come to me, and do not hinder them.” As a parent my job is to make sure my children have the right to feel safe in their relationship with the Lord, whether in a simple lunch time prayer or in regards to the issue of ensuring their rights in the future by fighting against the HHS mandate. As a parent I pray for the wisdom and strength to allow the Holy Spirit to guide me so that my children are freely able to run into the arms of the Lord without fear or hesitation.

Ida Terrazas - wife, mother , organizer 40 days for life. Ida is currently a distance masters student at Franciscan University.

Freedom In Faith

My freedom of faith comes from God the Father. I believe America is America because of its freedom of speech, freedom to worship; the freedom to pray alone and the freedom to gather together in union with Christ. *“For where two or three are gathered together in my name, there I am in the midst of them” (Matt 18:20).* In America, our freedom of religion gives us the blessed opportunity to celebrate our Sacred Traditions, especially the Holy liturgy of the Mass without the fear and threat of persecution. *“So then, brethren, stand firm and hold to the Traditions which you were taught by us, either by word of mouth or by letter” (2 Tess 2:15).* This freedom is a freedom of choice. We may choose to worship or we may choose not to worship. The importance here is that In America we have a choice and America, by giving us this choice, says we recognize free will as long as this free will does not inflict physical harm upon another. As a Catholic, I believe Blessed Virgin Mary is safe guarding the freedom we have in America. She is the patroness of our county and has been since the beginning. I respect her role in our church and I am grateful for her “yes” her “Fiat” and continuing intercession on our behalf *“Behold, the handmaid of the Lord be it done to me according to your Word” (Luke 1:26-38).* Our spiritual lives depend on attentiveness to the Word of God. Scripture IS God’s

living Word to us and THE message of salvation. It is to be proclaimed. America is a nation of many nations. Many in our midst know firsthand the testimonies of parents and grandparents. The trials of persecution they suffered because of their faith and religion. Many were not free to proclaim God’s Word or to even own a Bible and read it in private. We are free in America to stand shoulder to shoulder with others in faith in the spirit of hope and love. Love in truth is real love; the love of forgiving and the love of our witness, for Catholics, for Christians. Our hope is in Christ Jesus. The maternal side of my family springs from a long heritage of French Canadian Catholics. My fraternal side of the family struggled with every aspect of their lives, especially their faith. There were no baptisms, no prayer, and no scripture. The result was an abundance of confusion and the absence of holy love. They did not possess faith as a guide to live by and wandered down many dark pathways with dire consequences. My parents love for me led them to enroll me in a Catholic Elementary School. Our routine was Mass in the morning before class and prayer throughout the day. My teachers, mostly nuns, were strict and orderly. There, in my little school and church I learned to pray by example and participated in The healing power of the sacraments. I learned that

fortified with prayer, Holy Scripture is never to be underestimated. I was an adopted child of the most high and believed there was hope for my extended family. In America, I was permitted to attend a Catholic Church and learn my faith. This precious faith that has sustained my journey of life with meaning. My mother suffered a nervous breakdown while I was attending this Catholic School. I found the rock of faith at the tender age of ten during this desolate time in my life within the prayer of the mass. My father’s conversion occurred after a serious accident. He was welcomed into the Church one year before his passing. His mother, who passed away six months later, was also baptized into the faith. Two more relatives followed their example. This journey of faith is not only mine, but reflected in so many families and peoples throughout our country. These ties that bind us in faith are the dots God connects and the roadmap towards eternity IF we choose.

Belinda Herring

Belinda is a wife, mother, grandmother teacher and missionary. She holds a Masters degree in Theology from the University of Dayton.

Eight years of a lukewarm Catholic education can produce good Agnostics. That’s what I was when I entered my public high school. I had heard that “Jesus died for me.” But *why* should I believe it? How could dying on the cross forgive my sins? *Why* should that effect how I lived? I hadn’t learned that in Catholic school. And so, it wasn’t faith that attracted me to a Baptist Church for a pizza party; the cute boys did, at least at first. The Baptist Church wasn't the place where I would find the fullness of the faith, but I met many who preached the gospel in an uncompromising, impassioned way and lived lives consistent to their preaching. They were able to answer my questions and explain the faith, and God used it to bring me back to Him. The truths I learned there changed everything for me. I met Stuart in college. He was starting a path to return to the Catholic faith himself, and I was set on keeping him out of it. We endlessly debated doctrinal points, but every truth we found, be it Mary or the entire Nicene Creed, led us to the Catholic Church. But I had grown up Catholic! Surely if this was the truth, I would have known it? I felt somewhat betrayed. So what if the Church has the truth but does not preach it? Along the way, we encountered a couple of great efforts by many local Catholics to preach the good news and the faith of the Catholic Church. Finally I was exposed to knowledgeable, faithful Catholics who were consistently living out the faith *and passing it on*. This was the Catholic faith as it was meant to be! I was received back into the Catholic Church in 2006. Since then we married and had two children. My husband teaches theology at a Catholic High School, and I couldn’t be more proud of the work that he does bringing youth to understand their faith. I work for Catholics United for Life, the organization who puts together Ignite Your Torch Catholic Youth Conference, one of the very efforts that God used to bring me back into the faith. Without the freedom and the courage to speak openly about and to live out the truths of our faith, we will raise a generation lost as I was--filled with questions, unable to find the answers. We can’t let fear turn our focus only toward the loss of this freedom on some day in the future, but instead we should pray that each day we may capitalize on the freedom we still have. Let us pass on the faith in earnest as parents, teachers, and believers in Christ and His Church so that everyone who seeks the faith may find it present in both our teaching and in our living. Far sadder than a freedom lost, is a freedom never used. Sara Hamilton - Assistant Project Director - New Hope Publications/Catholics United for Life - New Hope, KY